

WHAT'S COMING UP AT THE VINES - 2026

THURSDAYS (during school terms) **VINES CREATIVE CONNECTION**

9.30-11.30 am

\$4.00 each week – includes morning tea – ALL WELCOME

Contact: Verelle 0439 833 837

HOME ALONERS – October 6th - 1st Tuesday of the month.

CIRCLE OF FRIENDS – 13th October - 2nd Tuesday of the month

From 1.30 to 3.00 pm at the Church.

Circle of Friends is for ANY women to come and
have a cuppa and chat.

MEN'S DINNER GROUP – 21st October

3rd Wednesday of the month.

FRIDAY FRIENDS – October 30th - the last Friday of the month.

10.00 to 11.30 am. All are welcome to come along
for a cuppa, home-made food and a friendly chat –
for a gold coin donation.

All proceeds are in aid of Pantry 152.

AGEING WELL EXPO

WOODCROFT LIBRARY, 175 BAINS ROAD, MORPHETTVALE.

THURSDAY 1ST October 9.30 am – 12.30 pm

Celebrate the Week of Ageing Well at this free expo celebrating and supporting positive ageing. Discover a wide range of local services, programs and community groups that can help you stay active, connected, informed and independent. There will also be free barista coffee and homemade soup, courtesy of the Woodcroft-Morphett Vale Neighbourhood Centre.

Join us to find out more about:

- Government and community information
- Volunteering
- Social and community groups
- Health and wellbeing support
- Dementia support
- Information and support for carers
- Disability support
- Aged care and home support services
- Counselling
- End-of-life planning
- Advocacy
- Staying safe online and avoiding scams
- Community services and support

Everyone is welcome! Bookings are preferred so we have an idea of numbers for catering purposes, but walk-ins without a booking are more than welcome on the day: [Ageing Well Expo- Woodcroft Library Tickets, Thursday, October 1 • 9:30 AM - 12:30 PM | Eventbrite](#) or call Woodcroft Library on 8384 0050.

This is a free event. The expo is aimed at adults, but we will have some activities for children as well, as we understand that there may be attendees with childcare responsibilities over the school holidays. To help keep any children attending entertained, we will have some free activities available in the library like Lego, colouring in, a scavenger hunt, and Nintendo Switch, plus lots of books to explore in the children's library.

We look forward to seeing you there!